



EPILOG

With the contents of this book I wanted to show you that mankind has made its existence here on earth very complicated. That was not necessary at all. The greatest saboteurs are the mind, the ego and the desire to exercise power and control over others. Everything that results from this disturbs our natural harmony. This harmony is based on the interplay between the intelligence with which all life here on earth is connected and which is responsible for the balance in nature. And on the other hand, our free will. The thinking and the ego prevent human life from unfolding just as it does in nature. They are constantly intervening in natural and self-regulating processes. Man's intervention in these dynamics only leads to the postponement of the inevitable. Inevitable is the outcome of a process initiated by free will. The outcome is in the nature of its origin. What is not (anymore) viable, i.e. not (anymore) receptive to life, will end. All of nature, life, revolves around the cycle of being born and dying. This is the natural course of things. This principle applies not only to individuals but also to the institutions and ideas that man has created. The unconscious human creates a masochistic pleasure in doing everything possible to impede this natural development process. Herein lies the cause of all the resistance and all the suffering that man confronts himself with. Passing on problems to the future does not make them any smaller. They will only get bigger. Comprehensive intervention in social relationships has been a process of centuries. Christianity has played a key role in its development. The Inquisition (the Holocaust on non-Christians) has been a deliberate attempt to destroy all knowledge about nature and its meaning for people. As a result, today's civilisation has lost an important part of its knowledge. The idea that man is separated from nature is one of the most important dogmatic pillars on which religions and especially Christianity are based. The idea of separation has been further reinforced by left-wing pro-state ideologies. The degree to which a person separates himself from the world around him runs parallel to the degree to which he is governed. In earlier times, when the law of the strongest applied, this was almost inevitable. The balance of power was different. In our modern times that is not any longer the case. The emancipation of the working class through the industrial revolution and the acceptance that capitalism and free market economy provide lasting prosperity shows us that the centre of economic power now lies with the people (the populous). In the market economy, the customer is king. His wishes must be fulfilled. The market economy has ensured that the (former) elite of nobility and large industrialists are now at the service of the consumer. Capitalism and the free market are primarily responsible for the radical reforms that took place in society in the nineteenth century. It was also the economic emancipation of citizens that led to the development of parliamentary democracy. At the expense of the aristocracy, the citizen has been given an all-embracing voice in the government of his country. As individuals, we can take the next step in our enlightenment. We can separate ourselves from those who think they are in control and start with giving substance to our lives as we see fit in complete



freedom. After centuries of slavery, oppression and exploitation, the time has come. Everything that happens now points us in that direction. It is a logical step in our development as human beings and it would also be very beneficial to society as a whole. It's imperative that we move forward and bring more wisdom and light to the world. There is no longer any intellectual or practical impediment to taking control of our own lives. Freedom comes with the acceptance of responsibility for the choices we make. Responsibility for realizing one's own happiness and well-being. We can let go of the feeling of being victimized or pitiful. This requires self-awareness and a willingness to transform as a person. To become more whole. Fear then gives way to love and trust. Trust in life that organizes itself and will always suit you. All it takes is to make choices from the heart, from purity and integrity. The consequences of this will always and everywhere be predictable. Life, our life, is simple; you get what you put into it. Do something with it! Grant yourself that freedom! You are worth it! Be a Sovereign being! Let it happen! I wish you much love and wisdom.